



# Embrace THE JOURNEY

THE ANNUAL NEWSLETTER  
NATIONAL SERVICE SCHEME, DAULAT RAM COLLEGE  
UNIVERSITY OF DELHI

2018-19

*Cover Art by Shruti Singhal*

# NSS UNIT 2018-19

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CO-CONVENOR: Dr. JYOTI SHARMA

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## *From the Convenors' Desk,*

My experience working with NSS for the last 2 years as Programme Officer has been immensely fulfilling enriching and heart warming. Being part of activities that make a difference in someone's life, such as the self-defence camp, blood donation camp, senior citizen day, annual nss fest Aagaaz with a theme on social issue, Diwali mela with an aim to help less privileged section of the society, among others, gives me a sense of achievement and deep satisfaction. It really feels very nice to work for the society. Due credit goes to our respected Principal Madam for her full support and whole NSS team. The dedicated and dynamic students of NSS UNION led by Yashvi Sharma deserve special praise for their untiring efforts. I also want to appreciate the effort of Manya Saini, NSS Vice President for her hard work. Best wishes to all of them for their bright future and to NSS for all future endeavours.

Dr.Sarita Jain  
NSS Programme Officer  
2018-19

## *From the Co-Convenors' Desk,*

यत् प्रज्ञानमुत् चेतो धृतिश्च यज्ज्योतिरन्तरमृतं प्रज्ञासु।

यस्मान ऋते किञ्चन कर्म क्रियते  
तन्मे मनः शिव सङ्कल्पमस्तु। १३।।

जो मन ज्ञान, चित्त व धैर्य स्वरूप, अविनाशी आत्मा से युक्त इन सब प्राणियों के अन्तर्मन में ज्योति स्वरूप विद्यमान है, वह मेरा मन शुभ संकल्प यथा सुंदर एवं पवित्र विचारों से युक्त हो।।

(शिवसंकल्प सुक्त यजुर्वेद ३४ अध्याय का अंश)

दौलत राम महाविद्यालय की एन. एस. एस. समिति भी हमें समाज कल्याण के, व्यष्टि से प्रारंभ कर समष्टि के कल्याण के शुभ संकल्प के लिए अभिप्रेरित करती है। समस्त प्राणियों के जीवन को अपने समाज-सेवा के कार्यों द्वारा सुंदर बनाने तथा उनके जीवन के कष्टमय अंधेरे को नष्टकर नवीन आशा, उत्साह एवं उमंग के प्रकाश से परिपूर्ण करना ही इसका अभीष्ट है। इस प्रकार महाविद्यालय की एन. एस. एस. समिति ने वर्ष भर समष्टि के कल्याण हेतु "रक्तदान शिविर" स्वच्छता के प्रसार के लिए "स्वच्छता अभियान", प्रौढ़ एवं बच्चों में शिक्षा के प्रसार हेतु कार्यक्रम, अपने बड़े अर्थात् वृद्ध जन के लिए "सीनियर सिटीजन डे" जैसे प्रोग्राम सफलतापूर्वक आयोजित किए। इन सभी कार्यक्रमों को शुभ संकल्प के साथ सफलतापूर्वक पूर्ण करने के लिए एन. एस. एस. को हार्दिक बधाई एवं शुभकामनाएँ। मेरी यह कामना है कि भविष्य में भी दौलत राम महाविद्यालय की एन. एस. एस. समिति समाज-उत्थान एवं समाज-सेवा से संबंधित यथोचित कर्म करने के शुभ संकल्प से युक्त होकर कार्य करती रहेगी!!

डॉ. ज्योति शर्मा  
सह - संयोजक

# NSS CLASS REPRESENTATIVES 2018-19

COURSE	1st YEAR	2nd YEAR	3rd YEAR
Hindi Hons	Shivani	Mona Singh	Priyanka Rai
Music Hons	Vidhushi	Karishma Tamane	-
History Hons	Sakshi Saini	Simran	Shivani Sharma
B.Com Hons	Radhika Jain	Sanya Sehgal	Priyanka Gupta
Botony Hons	Yachna	Jagriti Chawla	Anjali
English Hons	Nishtha Pandey	Sanskriti	Somya Kumari
Physics Hons	Shatakshi Sharma	Tannu	-
Zoology Hons	Gunjan Relan	Osheen	Priya
Sanskrit Hons	Muskan Sharma	Aastha Sinha	Sulekha Rawat
Bio Chem Hons	Ragini	Tanya	Hema Yadav
B.A Programme	Sakshi Singh	Roopali	Mahima Singh
Chemistry Hons	Vaishalika	Lucky Tomar	Megha Singhal
Pychology Hons	Arjita Jhingran	Devanshi	Navjot Kaur
Philosophy Hons	Yashu	Shatakshi	Tanya
Economics Hons	Ishita Bansal	Niharika Gupta	Charvi Rawal
Pol Science Hons	Ananya Malik	Kritika Gupta	Sudeshna Singh
Mathematics Hons	Shweta Kumari	Garima Bedi	Ridhi Bakshi
Life Science Hons	Pooja	Ishika Agarwal	Madhu Yadav
B.Com Programme	Dhriti Piplani	Sparsh	Aarzo Dhrall



# EVENTS 2018-19

The NSS Unit on 21st June, 2018 commemorated the International Day of Yoga with three events. In our effort to imbibe yoga in the daily routine of the Volunteers, a Yogathon was organised by Bhartiye Yog Sansthan, followed by a talk session on meditation and stress-management by the Art of Living organisation. The final event for the day was an Intra-College Turncoat Debate Competition on the theme, 'Yoga and Mental Health.'



To commemorate Swachhta Pakhwara, under the positive initiative of Swachh Bharat Abhiyaan, the National Service Scheme Daulat Ram College Unit organised an oath taking ceremony on 3rd August. The ceremony witnessed the participation of more than 200 student volunteers, respected members of the non-teaching staff of the college, as well as teachers undertaking the pledge towards ensuring cleanliness in their surroundings.

The Orientation Programme organised by NSS DRC was held on 8th August 2018 for the fresh batch of students admitted into Daulat Ram College. The event witnessed more than 200 students in attendance. The programme started with the lighting of the lamp, followed by a brief presentation on the functionings of NSS DRC, which was followed and elaborated by a speech from Yashvi Sharma, NSS President 2018-19.



To increase awareness about spinal cord injuries, National Service Scheme, Daulat Ram College Unit organised a Poster Making with the Indian Spinal Injuries Centre. The competition, held in the Girls Common Room of the college witnessed more than 50 volunteers participating to display their creativity and skills through arts and crafts.

National Service Scheme, Daulat Ram College (NSS DRC) took part in a rally organized by the Indian Spinal Injuries Hospital, Vasant Kunj, on 2nd September 2018 at Rajpath. The rally focused on the prevention and awareness about spinal injuries taking into account the forthcoming Spinal Cord Injury Day on 5th September. The rally witnessed a massive presence of over 2000 people, each wearing a T-shirt made exclusively for the rally to spread the motto of the rally: "Stop Spinal Cord Injury." The union members and around 80 volunteers of NSS DRC enthusiastically showed their presence for the same.

A bilingual Essay Writing Competition was organised by the National Service Scheme unit of Daulat Ram College, in association with Respect India NGO, on 5th September 2018, Wednesday. The theme for the same was 21st Century India, and the obstacles of old age. 30 students enthusiastically volunteered in the event and expressed their views in a time limit of 45 minutes. Participants were given a choice to write either in Hindi or English.

National Service Scheme Daulat Ram College organised a bilingual Speech and Poetry competition with Respect India NGO on 5th September 2018, Wednesday. The theme of the event was 21st Century India, and the obstacles of old age. More than 20 students volunteered to share their views about the challenges faced by the elders. The participants were given three minutes to share their notion and perceptions in either Hindi or English.



The National Service Scheme Unit of Daulat Ram College successfully organised a Blood Donation Camp in association with Red Cross, on Tuesday, 18th of September. The camp witnessed the enthusiastic participation of 151 volunteers, out of which 29 volunteers successfully donated their blood and were awarded with a donor card by the Red Cross Society. The feeling of bliss was clearly visible on the faces of the donors as they gave the gift of life by donating their blood.

Surbhi Chakraborty, a volunteer who donated blood remarked "This is an extremely satisfying and fulfilling experience. One, I am glad I got to have gotten the opportunity to go through."



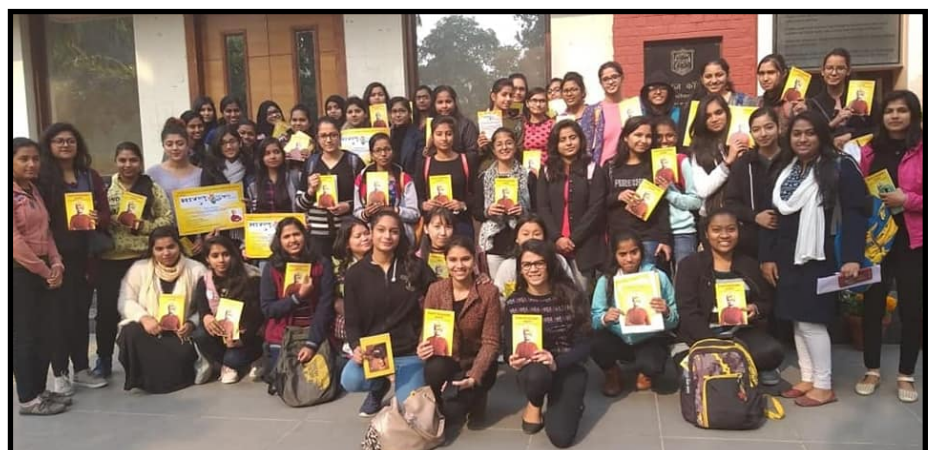
On the occasion of the second anniversary of Surgical Strike, i.e. 29th of September 2018, the National Service Scheme (NSS) Unit of Daulat Ram College (DRC) organised an event on the theme Prakram Parv (Surgical Strike Day) to mark the day. 35 students and the NSS Union members actively participated in the event and expressed their respect for the soldiers in various forms related to the theme Prakram Parv. The students wrote letters to the soldiers, slogans on Patriotism, gratifying poems, and made creative posters. The event was a great success as the students passed on the message of love for our nation and respect for the army through their enthusiastic participation.

National Service Scheme Day was celebrated here at Daulat Ram College on Monday, 24th of September, 2018 by the NSS Unit of DRC. The programme began with the lighting of lamp by NSS Programme Officer Dr. Sarita Jain and Co-Convenor Dr. Jyoti Sharma followed by a pledge, administered by the President of NSS DRC, Yashvi Sharma. The NSS Unit organised a talent show on the theme "Charity begins at home and so does cleanliness" which witnessed an enthusiastic participation from NSS Volunteers. Rashmi Anand emerged as the winner of the competition followed by Sanskriti Jha and Aishwarya Nigam who bagged the second and the third position respectively. Thereafter, a rally was organised, after the talent show, on the theme "Swacchta hi Seva". It was amazing to see NSS Volunteers filled with so much of energy bringing out the true essence of Social Service.



The National Service Scheme Unit of Daulat Ram College conducted a seminar in collaboration with 'Bharat Uday' on 26 September 2018, Wednesday. Ms. Adeeba and Mr. Sakshi Gopal, members of Bharat Uday explained about the working of the organisation and expressed their desire of making this world a better place. They mentioned various ways through which students can volunteer and contribute their time towards the betterment of society. Ms. Adeeba said, "We don't need your money rather we need your time for the welfare of the needy." The session was very interactive and knowledgeable.

National Youth Day in India is celebrated on 12 January every year on Swami Vivekananda's Birthday. NSS DRC is blessed to work under his mantra, "Condemn none: if you can stretch out a helping hand, do so. If you cannot, fold your hands, bless your brothers, and let them go their own way." We, at our level, try our best to spread his teachings which are not only full of experience and wisdom, but are enlightening too. For this, NSS DRC along with 50 volunteers have taken part in the Bharat Uday winter internship which was inaugurated today at Hansraj College. The audience was addressed by Mr. D.M. Kiran (CEO of ONGC), Mr. Sudarshan Kumar (Deputy General Manager of DMRC), Mr. Bharat Bhushan (Head of Bharat Uday program) and many more influential speakers.





National Service Scheme unit of Daulat Ram College organised various events in the third week of January, 2019 to celebrate the launch of Voters' Awareness Forum which will aim at enhancing and strengthening quality electoral participation. The unit organised a Bilingual Speech Competition under the Voters' Awareness Campaign on 19th January 2019 on topics related to Voters' Awareness. 15 students participated in the speech competition. The unit then organised a poster making competition on January 22, 2019 in which 16 enthusiastic participants came with their own interpretations of voters' rights and duties and depicted them through a pictorial representation. The participants claimed that these activities not only enhance their creativity but also give them more knowledge while preparing for these competitions. Lastly, NSS DRC organised a Voters' Awareness Forum session on 23rd January, 2019. The event was organised for students and the staff members to make them aware and give more knowledge about the voting process and its technicalities. Mr. Padam Singh, Assistant Electoral Registration Officer (Timarpur) was the Chief Guest for the event with the other guests being Mr. Parvesh, Assistant Electoral Registration Officer (Chandni chowk) and EVM Master Trainer; Mr. Ravi, Assistant Electoral Registration Officer (Ballimaran) and EVM Master Trainer and Mr. Faraz Khan, DEO (Timarpur).



The NSS Unit of Daulat Ram College, University of Delhi celebrated Martyrs' Day on 30th January 2019. The program began by maintaining a silence of two minutes to pay tribute to Indian Martyrs who sacrificed their lives so that others can live a life of freedom and dignity. The documentary "India after Independence in 1967" was screened afterwards in order to make students realise how far has India come and progressed since independence and that India has a long way to go in order to be a truly developed country. It also made the students aware of the efforts that have gone into making the nation how it stands today and making them realise that we all have a significant and moral role to play for the country.

The NSS Unit of Daulat Ram College took an active part in the Walkathon organised by Delhi Traffic Police on February 4, 2019 at India Gate alongside other NSS and NCC units, schools, Brahmakumaris and other groups. The crowd was enriched with all bold voices singing out slogans such as "Stop before stop line", "No mobile while mobile" etc. to make the public aware of the primary rules before the other technical ones. This was to sensitise the people towards the increasing number of road accidents and the innumerable reasons which we don't even look into. The organisers successfully ensured the participation of all age groups in the rally leading to a better impact of the same.



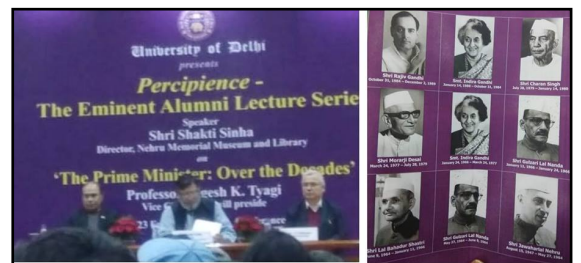
"We do not inherit the Earth from our ancestors. We borrow it from our children." With the same thought in mind NSS Unit of Daulat Ram College organised Plantation Drive on 6th February 2019 in association with Dhara - the Eco Club of Daulat Ram College. Around 20 students planted 10 saplings with the assistance of the college gardener. An eco-oath was administered by NSS Data Handler Somya Goel and students pledged to plant more and more trees and take care of them. They were guided by the college gardener on how to take care of plants. The aim of the drive was to infuse a sense of environmental awareness in the students. The students actively took part in the event and showed enthusiasm in planting the saplings.



Volunteers from NSS Unit of Daulat Ram College zestfully helped in managing the Delhi Cyclothon- 2019, Fight Against Cancer Campaign organised by the Grameen Sneh Foundation on February 10, 2019 starting from Yamuna Sports Complex and finishing at India Gate. The campaign focused on conveying the necessity to be physically fit to either avoid or tackle a disease so severe in nature which has become so common in today's time with the lifestyle that we have. The volunteers were extremely glad to interact with people from all age groups and to work for such a positive awareness campaign. The programme also helped volunteers know the regular organisation of such events and were motivated to join them in the future.

Volunteers from NSS Unit of Daulat Ram College attended Percipience- The Eminent Alumni Lecture Series on the topic "The Prime Minister: Over the Decades" organised on February 23, 2019 at NSS Centre, University of Delhi. Shri Shakti Sinha, Director of Nehru Memorial Museum and Library was the speaker for the session. The team was elated to have attended such an enriching session with a very unique topic selection. A number of rarely known facts and figures were shared by the speakers throughout the session which left the students in amazement which made them want to attend more lectures like this.

Volunteers from NSS Unit of Daulat Ram College attended the Distinguished Lecture Series organised by Delhi School of Transnational Affairs on the topic, "The Impact of Multilateralism in India" on March 29, 2019. Ambassador Asoke Mukerji, former Permanent Representative of India to the United Nations, was the speaker for the same. Agenda 2030 for Sustainable Development is closely aligned with India's national agenda for transforming India into a world power. However, a supportive external environment of peace and security to implement Agenda 2030 is threatened by challenges of unilateralism by the major powers. The lecture discussed how multilateralism is relevant for the transformation of India. The lecture had a huge participation of students from various colleges of University of Delhi, staff members and research scholars.



National Service Scheme Unit was delighted to be a part of the Second Edition of Bodh Gaya Global Dialogues 2019 organised by Deshkal Society in collaboration with Indira Gandhi National Centre for the Arts on March 23, 2019. The seminar focused on how Buddhism has flourished globally after its advent in India. Dr. Shekhar Dutt (Former Governor and Author, Chhattisgarh), H.E. Gonchig Ganbold (Ambassador, Embassy of Mongolia, New Delhi), and H.E. Pham Sanh Chau (Ambassador, Embassy of Vietnam, New Delhi) were the guests of honour at the event. It was indeed a moment of pride for all the volunteers since Daulat Ram College was the knowledge partner of this amazing and enriching event.



At the 57th annual day of Daulat Ram College, on 26th February 2019, NSS President, Yashvi Sharma was awarded the accolade off 'Best Social Worker' of the 2018-19 academic session.

'You can do anything if you think you can', said Ms. Purna Bhatia. She has coached thousands of students and professionals from all walks of life and has educated people on subjects like Positive Attitude, Power of Thoughts, Leadership Skills, Communication and Soft Skills etc. She delivered a motivational lecture on 26th March 2019 at Daulat Ram College conducted by NSS DRC. 100 students attended the session and were highly influenced by her. She not only talked about how positive thinking can change one's life but also gave tips to students about how they can initiate that change.



NSS Unit, Daulat Ram College in collaboration with Delhi Police launched the "Himmat App" for the safety and security of women. Himmat is an emergency service, comprised of an android emergency application, which can send a distress call or emergency message to Delhi Police officials and specified contact or group in an emergency situation faced by a woman. The Police personnel will get these SOS alerts and locations on a portal and as a sms on their mobile phones as well. 200 NSS volunteers attended the event and were enriched by the purpose and utility of the endeavour of the police for the safety of women.

100 Volunteers from NSS Unit DRC attended the event of a newly launched NGO DDL that seeks to empower Visually Challenged Students of the university by introducing them the helpful volunteers as well as financial scholarship through which they cab empowered and become active participants in the society with access to equal opportunities.

# Swachh Bharat Summer Internship

9 volunteers from National Service Scheme, Daulat Ram College in an effort to do their bit for rural sanitation undertook the Swachh Bharat Summer Internship (SBSI) organised by the Ministry of Health and Sanitation in collaboration with the ministry of Drinking Water, Government of India from 20th June to 22nd July 2018 in Dhaka Village, North Delhi.

Through the course of the internship the student volunteers interacted with the locals through door to door campaigns to understand their needs, conducted awareness rally and workshop with the children from the local school, made wall paintings on the theme and took up the responsibility of street cleaning.

It was an enriching experience felicitated positive change but also helped the volunteers experience field work by bringing the theoretical and practical in active synthesis.



## National Level Participation of NSS DRC



**Madhu Kumari**  
B.A (Hons) Economics third year  
participated the National  
Integration Camp



**Charu Anand**  
B.Com Prog, third year  
participated the National  
Integration Camp, Chandigarh



**Shivani**  
B.A. Hons Hindi Second year  
participated the National  
Adventure Camp.



**Sakshi Thukral**  
B.A. Prog, Second year  
participated the National  
Integration Camp, Delhi

# जोड़ा

The Annual Diwali Mela  
2nd November 2018



The theme of event was "Numaish-e-Dastkari"; an exhibition of handcrafted magnificence with an aim to appreciate the hard work and love that goes behind all handcrafted objects. A variety of stalls represented the theme with the beautiful handicrafts they owned, NSS DRC also had stalls with handcrafted items like hand decorated diyas, hand painted diaries, envelopes, and handmade chocolates.

The beginning of the event was marked by the encouraging words of the principal of DRC; Dr. Savita Roy who appreciated the hard work of the unit. A song presented by Visually challenged students of the college followed by a cheerful dance performance by kids of a slum near the college marked the beginning of the day's celebration.

The event offered a wide variety of food, merchandise and a wide range of enthralling games like rope battle, would you dare, say what, test your luck, and pin the tail.

Sepia; the film and photography society of DRC collaborated with NSS and brought forward their photography exhibition; Decipher 3.0. The unit also collaborated with Zenith; the western dance society of DRC for a flash mob that gathered huge applause.

The event was a great success and witnessed an approximate running crowd of more than 5000 students. The event succeeded to mark itself as the most successful event of the unit so far.



# Self Defence Workshop

4th Feb - 20th Feb'19



National Service Scheme, Daulat Ram College in collaboration with Delhi Police organised Self Defence Training Workshop for 500 students from 4th February to 20th February of 10 days. Through the course of the training girls learned essential skills to help defend themselves against harassment, eve-teasing, physical abuse and other imposing dangers. The instructors Ravi Dutt, Shakti Singh, Sonal and Nishu taught the girls that defence is not only protection of the body but also of the mind and its buoyancy.

The NSS Unit DRC imbibes the spirit of Self Help and Empowerment in a world where the dangers to women have increased exponentially in recent times, self defence is the ideal countermeasure to protect health and the existence of oneself from harms. The girls at the end of the training felt stronger and had greater faith in their own abilities to protect themselves in adverse situations.

*“Self Defence, Self Confidence, Discipline and Self Control.  
The values you learn are priceless.”*

*Rickson Gracie*





25th February 2019

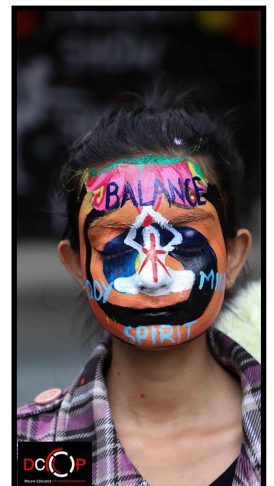
The Third Annual Social Festival

# Aagaaz

*'Care for the invisible scars'*

NSS Unit of Daulat Ram College successfully organised Aagaaz - the Annual Social Fest on 25th February 2019 with "Mental Health" as its theme and "Care for the Invisible Scars" as its tagline. The fest began with the Inaugural Session with Smt. Sharmistha Mukherjee as the Chief Guest and Ms. Kavya Singh & Ms. Gagandeep Kaur as speakers of the day. Various competitions were conducted throughout the day which saw active participation not only from students of DRC but also from colleges across Delhi.

There was a special Nukkad Natak performance by Asmita Theatre Group. Pradarshan - Nukkad Natak Competition was conducted on the theme of social issues and was judged by Asmita Theatre Group. Alfaz ka Safar - English Slam Poetry Competition was conducted in collaboration with Penned Peeps and witnessed participation of more than 30 students. Ms. Tuheena Raj of Words of Worth and Mr. Rahul Kaushik of The Melting Words were the judges of the Slam Poetry Competition. Pursuit of the Dispute - Bilingual Debate Competition was conducted on the topic "Depression is inevitable for Social Media users" and saw participation of 16 teams. It was good to see debaters presenting their views on the topic and acknowledging the impact of Social Media on Mental Health. Rang-a-Rang - Face Painting Competition was conducted on theme "Symbolic Representation of Spirituality and Mental Health". Students displayed their creativity wonderfully and everyone was impressed with their artwork. Skills 'n' Thrills - Talent Show provided an opportunity to students to display their talent in front of Roadies Xtreme Fame Contestant Ms. Shubhada Nishtala. The competition witnessed an active participation not only from the participants but also from the audience.



# Donation Drives



On 14th January, 2019, NSS DRC donated winter clothes to the needful people in North Campus, University of Delhi.

The donation drive was carried out by the NSS union members along with volunteers, who distributed the clothes to the deprived people near metro stations, markets and other areas near the campus.

We are thankful to all the students and teachers who donated with generosity which enabled us to provide enough clothes to the ones in need.

NSS Union along with the volunteers in the month of February at the conclusion of a successful donation drive visited the Delhi Foundation for Deaf Women and God Gives NGO to help the underprivileged women and children with the sanitary napkins, toiletries and stationary.





## *A Message from the President,*

It is not often in life that one can point to the exact moment when their journey of self growth and change begins. I am one of the lucky few that perhaps know. It is from that fateful day in July 2017 when I got my post as General Secretary, that has evolved me as a person.

NSS is not simply a society, or a hobby it is an undertaking that demands 24x7 commitment all days of the week. The guidance of my convenor and the strength from my union along with the ever present support of the teachers' committee has together culminated in the most successful NSS Session till date. I have felt immense satisfaction in the aid I have been able to provide with the help of my union to the Visually Challenged Students' of my college and the underprivileged of the society. Being awarded 'Best Social Worker' at the annual day this year forever will be one of the proudest moments of my life.

The comfort of having a 'home away from home' in this city which was alien to me is unexplainable. It is a profound feeling of pride to look back on each simple day of regular functioning to the Diwali Mela and Fest that saw the crowd of thousands.

NSS for me is family, it's my motivation to do better, it's the expectations of every single person in the unit that get me through the low days and lend the courage to see the success of our every single endeavour no matter how big or small. I want to thank each person who was a part of this journey.

**Yashvi Sharma**  
**NSS President**  
**2018-19**



## *A Message from the Vice - President,*

The journey of a lifetime begins with a single step. These past two years in NSS have been the biggest learning curves of my life. I want to thank Sarita Jain ma'am, NSS teachers' Committee and my union for this experience.

Every single memory of all big and small events I will cherish in my heart forever, through all the bumps and hiccups in the road we have been there for each other. The success of our endeavours is the credit of every single person union, CRs and volunteers who have worked tirelessly. Thank You for this opportunity of a lifetime.

**Manya Saini**  
**NSS Vice President**  
**2018-19**

# *Lafziat* The Expressions of Commitment

It has been a proud feeling for me to work as a member of NSS Committee DRC for the session 2018-19.

Mrs. Sarita Jain, our programme officer of NSS DRC has always been a true leader, leading NSS team in a very efficient manner. Be it environment issue, Child rights issue, women's safety or cyber crime issue, NSS has always played a vital role in addressing the issues. Diwali Mela and NSS Fest, Aagaaz are my favourite events which are conducted every year. I extend my best wishes to Sarita Jain Ma'am for all the activities of NSS to be conducted in near future.

Regards

Ms. Raman Arora

Assistant Professor

Department of Commerce

ये सफर अब खत्म होने को है

पर इसकी सीख, यादें और एहसास हमेशा मुझमें सीमटे रहेंगे

हर पल, हर वक्त कुछ नया सीखा है मैंने

इसने सिखाया है मुझे की जब तुम दूसरों के चेहरे पे मुस्कान लाओ तो

तुम्हारी मुस्कान किसी की मोहताज नहीं रहती,

इसने सिखाया की जब सब साथ होते हैं तो पहाड़ जैसी मुसीबत को भी

कंकर की तरह रास्ते से हटाया जा सकता है,

इसके साथ ही, इस सफर ने मुझे जिन्दगी भर की अनमोल यादें और रिश्ते

दिए

ऐसे रिश्ते जो नाम के नहीं काम के भी हैं

जिनके होते तुम उदास हो ही नहीं सकते

जो तुम्हे हमेशा आगे बढ़ने का प्रोत्साहन देते हैं

जो तुम्हारी तरक्की पे खुश हों

जो तुम्हारी खुशी का जश्न मनाये

और गम में तुम्हारी ढाल बन जाए

मैं बस इन्ही रिश्तों-यादों को खुद में समेटे जा रही हूँ

बेशक ये सफर खत्म होने को है

पर ये यादें और रिश्ते ताउम्र मेरे साथ हैं ।

-अपर्णा पांडे

VCS Head

NSS Union 2018-19

As soon as I stepped into the college I also enrolled myself in NSS. Nss has been always an integral part of my college life. And by the end of the third year I have a bag full of memories. Nss is not like a society to me it's more like a family , a Family who will just stand by me no matter what.. People come together, sit together , discuss the things and it helps an individual to grow in all aspects of their life. It gives an exposure to them , a platform to express themselves. We believe in unity , we believe in standing for each other no matter what, there is hardly any time when you leave the room unhappy as the room is always full of warmth and happiness. Sure things get hard sometimes like deadlines and of course you tend to make mistakes but as the saying goes- Learn from your mistakes and own upon it , This is what it has taught me - The values of life.

Nikita Agarwal

Head of Management

NSS Union 2018-19

With joyful faces and sparkling eyes, the children of Little Fairy Public School intently listened to the stories we narrated. As I narrated incidents from Swami Vivekananda's life, they shared their own incidents with me - Enunciating the stories that their parents and grandparents had narrated to them. Originally, I was supposed to teach them morals, however they made me look at the same stories with a different perspective.

Working with Bharat Uday was not only limited to teaching others, it was an enriching learning experience for us too. Handling a class full of students gave us an insight into the joys of teaching and interacting with children. It made us realise the value of what our teachers do every single day.

In the end, it made me realise that we can learn something from each and every person, no matter how young they maybe. We just need to keep our mind open to new ideas and value what each individual has to offer.

Ragini Bhalla  
Biochemistry Hons  
First Year NSS CR

NSS - National Service Scheme. As the motto says, NOT ME BUT YOU. Being a part of NSS, it actually feels like selfless work. Applying for NSS was the best decision I had taken two years back. As a team member to as a head, I had learnt a lot which wouldn't have been possible without the support of my team. It has given me that love, respect, opportunities that one could hardly have in life. It has pushed me to come out of my comfort zone, to explore the world and understand people in a better way.

Charu Anand  
Treasurer  
NSS Union 2018-19

*Once A Volunteer  
Always  
A  
Volunteer*

**NOT ME, BUT YOU**

**NSS DRC SESSION**

**2018 - 19**